



*Promoting the healing and wellness
of body, mind and spirit*

MHAA Members' Monthly Events Calendar

The entire year of 2008

Local's Discount Monday

Sol Food Market

1116 W. Big Bear Blvd., Big Bear City

Every Monday, Bear Valley residents get 5% of their entire purchase. Come try organically grown produce from our neighbors in Corona, Redlands, and Mentone. Also, we make shopping easy because all of our products are free from hydrogenated oils, synthetic ingredients, pesticides, chemicals, or genetically modified foods. Know with confidence that everything we offer is natural and healthy for you!

Calming the mind body and spirit every Tuesday and Thursday at 8:am and 8p.m.

Bando Yoga and scents to invigorate and heal

Christine Inman

548 Los Angeles Ave. Sugarloaf

Learn simple movements and was of thought to simplify and release stress while using aroma therapy. Please call for reservations as for there are a lot of us to accommodate

Christine/ Carole Inman (909) 714 0749

bandokukri@hotmail.com

www.mygc.com/cji.

March 2008—Activating Miracles

Uniting our Power to Create Heaven on Earth

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

We are designed to live a life that is good—peace, joy, abundance, and love are meant to be the *usual* experiences of life. Miracles happen when our desire for an even better life is greater than the current experiences of our life. **Great miracles happen when we share a great vision.** Miracles transcend time, present circumstances, and negative perceptions; they can heal anything and everything. A Course in Miracles affirms: “miracles undo the past, in the present,

and thus release the future.” Join us this month as we reaffirm our divinity, release negativity, and co-create heaven on earth.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Sunday, March 2, 10:30am

Introducing The Moses Code—The Most Powerful Manifestation Tool in the History of the World Part 1

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

3,500 years ago Moses was given the secret for attracting everything your heart desires. The Moses Code was first used to create some of the greatest miracles in history. Crack the Moses Code this Sunday, as you learn how to integrate the most powerful manifestation tool in the history of the world.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Sunday, March 2, 10:30am

Introducing The Moses Code—The Most Powerful Manifestation Tool in the History of the World Part 1

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

3,500 years ago Moses was given the secret for attracting everything your heart desires. The Moses Code was first used to create some of the greatest miracles in history. Crack the Moses Code this Sunday, as you learn how to integrate the most powerful manifestation tool in the history of the world.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Sunday, March 9, 16, 23 and 30th, 5:00 pm

March Theme – The Prayer of St. Francis,

Bear Valley Center for Spiritual Enrichment

42324 North Shore Drive (St. Columba’s Episcopal Church)

Beginning the second week in March, we will be exploring the profoundly beautiful prayer known as the Prayer of St. Francis. Spoken almost 800 years ago, this prayer serves as a timely reminder of our responsibility to be bearers of the light, particularly during this time of global transformation. Each week, we will deepen into a meaning of one of the lines of this exquisite prayer and feel what it means to be God’s instrument.

Contact Sandy at the church office at (909) 584-2040.

Email: bvcse@earthlink.net

Website: www.bvcse.org

Monday, March 10, 6:30pm
The Rule of Five—Thumbs Up!

Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge
You are a miracle, because you are designed with creative ability and choice. You can create a life that you really love. Learn the Rule of Five, and step into a miraculous life!

Contact: Rev. Jean (909) 838-6407
Email: torevjean@yahoo.com
Website: www.flamesoffaith.com

Thursday evenings, March 13-April 6, 2008

Creating Health NATURALLY—From the Inside Out and the Outside In

Class Instructor: Sandy Steers
1035 Fawnskin Dr.; Fawnskin

A four-class series covering—What causes diseased states and how to we begin undoing them; which foods and nutrients are important, which are bad and why; best exercises and treatments for your body; putting the mind on the side of healing; healing modalities that assist; and putting it all together. \$35 per class or \$125 with registration for all four.

Contact: Sandy Steers at (909) 878-3091
Email: karsten33@earthlink.net

Sunday March 16, 10:30am
Activating the Moses Code—Taking Your Place With The Blessed
Part 2

Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge
You are perfect; you are a miracle of the Light, manifest in physical form. You are made of power, intelligence, and love, and your light is a miracle of healing grace. You are whole and holy, and you are capable of creating heaven on earth. Take your place with the blessed this Sunday, as you affirm the power of your divinity.

Contact: Rev. Jean (909) 838-6407
Email: torevjean@yahoo.com
Website: www.flamesoffaith.com

Monday March 17, 6:30pm
Activating the Moses Code—Taking Your Place With The Blessed
Part 2

Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge
You are perfect; you are a miracle of the Light, manifest in physical form. You are made of power, intelligence, and love, and your light is a miracle of healing grace. You are whole and holy, and you are capable of creating heaven on earth.

Take your place with the blessed this Sunday, as you affirm the power of your divinity.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Wednesday, March 19th. 6:30pm – 8:30pm

ABUNDANCE SCHOOL

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

This ongoing class is open to everyone with a sincere desire to experience financial increase in their life. No previous attendance required. This month Abundance School will focus on understanding and activating the Moses Code, to help you achieve your financial goals. Investment in your future: \$15 Attend both classes in the cycle: \$25

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Saturday-Monday, March 22-24, 2008, Sat/Sun 9 a.m. to 9 p.m., Mon 9 a.m. to noon.

INCA SHAMAN Traditions and Energy Medicine; A Launching Pad to Higher Consciousness

Class Instructor: Sandy Steers

1035 Fawnskin Dr.; Fawnskin

The first weekend of a 4-weekend experiential workshop based on methods utilized for thousands of years by indigenous peoples for transformation and healing. These natural principles allow us to break free from our engrained patterns to engage life in a more conscious way—bringing self-awareness, inner tranquility, spiritual connection and balance to all aspects of our lives. This transformational experience allows us to open to the fullness of our true selves.

(I am planning a separate series of this to run mid-week rather than on weekends. If you are interested, let me know.)

Contact: Sandy Steers at (909) 878-3091

Email: karsten33@earthlink.net

Sunday, March 23rd, 5:00 pm

Easter Celebration

Bear Valley Center for Spiritual Enrichment

42324 North Shore Drive (St. Columba's Episcopal Church)

Join us as we continue with the Prayer of St. Francis. This will be a beautiful Easter celebration with special music and a meaningful message. After service there will be an Easter Egg Hunt for the kids and gifts for the adults.

Contact Sandy at the church office at (909)584-2040.

Email: bvcse@earthlink.net

Website: www.bvcse.org

Sunday, March 23, 10:30am

Easter Sunday—Hidden Mystery, Highest Truth

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

Easter is a confirmation of your divinity and holiness. Celebrate the hidden mystery, message, and meaning of this miraculous story.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Monday, March 23, 6:30pm

Hidden Mystery, Highest Truth

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

Easter is a confirmation of your divinity and holiness. Celebrate the hidden mystery, message, and meaning of this miraculous story.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Wednesday, March 26, 6:30-8:30 pm

SOLUTION WEDNESDAY – Healing Circle

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

Once a month Rev. Jean is offering an evening dedicated to healing the current issues of your life. Do you just need a break? If you are having health issues, relationship problems, troubles with the neighbors, your children, or any problem at all, bring them to the healing circle on Solution Wednesday, and get them handled. The truth is that nothing can heal at the level it is created. When we shine the spiritual light on issues, things shift. Suggested donation: \$10

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Sunday, March 30, 10:30am

The Moses Code—Taking It To A Higher Level Part 3

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge

We have the ability, the power, and the light to co-create heaven on earth. Find out how this Sunday, as we get ready to participate in a worldwide prayer experiment that will unite the intention of millions of people around the world to create lasting peace and compassion. We are the ones and now is the time.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Monday, March 31, 6:30pm

The Moses Code—Taking It To A Higher Level Part 3

Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge

We have the ability, the power, and the light to co-create heaven on earth. Find out how this Sunday, as we get ready to participate in a worldwide prayer experiment that will unite the intention of millions of people around the world to create lasting peace and compassion. We are the ones and now is the time.

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Friday, April 4th. Doors open at **6:00 pm**. Movie begins at **6:30 pm**

Movie Experience—The Moses Code—The Most Powerful Manifestation Tool in the History of the World

Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge

Thirty-five hundred years ago God gave Moses a gift that changed the world. Some of the most incredible miracles in history came from applying a simple code, activating the power of the creative force of God in the world. This ancient technology has largely been lost or ignored since then, only to be revealed once again through this movie.

This code, if finally applied by humanity, has the power to transform the planet, as well as add the richest blessings to your own life.

For the first time in history a major spiritual film release is being combined with a worldwide prayer vigil focused on shifting the planetary consciousness. The Moses Code is a powerful film bringing together some of the best-known spiritual leaders of our time to discuss the importance of service as spiritual practice. Join millions of people from every corner of the globe who are learning the most powerful manifestation tool in the history of the world. Then on one momentous day we'll use the code to promote peace and compassion for all beings through over 1000 gatherings worldwide.

This is the chance for humanity to use the Law of Attraction to create peace on the deepest level.

Discussion to follow.

Suggested donation: \$10 Includes popcorn, healthy snacks, and drinks

Contact: Rev. Jean (909) 838-6407

Email: torevjean@yahoo.com

Website: www.flamesoffaith.com

Saturday, April 5th. Doors open at **11:30am**, Movie begins at **12:00 noon**.

Movie Experience—The Moses Code—The Most Powerful Manifestation Tool in the History of the World (See April 4th for movie information).

Flames of Faith Center for Conscious Living

41135 Big Bear Blvd. Suite D. in Black Forest Lodge
Discussion to follow. Suggested donation: \$10.00
Includes popcorn, healthy drinks and snacks.
Contact: Rev. Jean (909) 838-6407
Email: torevjean@yahoo.com
Website: www.flamesoffaith.com

Sunday, APRIL 6TH, 9:00 am to 10:00 am
SUNDAY PRAYER VIGIL—join millions of people around the world for this special prayer vigil sending prayers of peace to world and the Middle East.
Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge
SUNDAY PRAYER VIGIL—join millions of people around the world for this special prayer vigil sending prayers of peace to world and the Middle East.
Contact: Rev. Jean (909) 838-6407
Email: torevjean@yahoo.com
Website: www.flamesoffaith.com

Sunday April 6th 10:30am
Sharing the Light of Peace & POTLUCK FOR PEACE Community Brunch
Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge
Breaking bread with new friends and good friends in a safe community is a visible sign of peace. Bring your favorite recipe, prepared with love, and help to add more energy to this special healing day.
Contact: Rev. Jean (909) 838-6407
Email: torevjean@yahoo.com
Website: www.flamesoffaith.com

Monday, April 7th, doors open at **6:00 pm** for Monday Evening Chanting
Movie begins at **6:30 pm**.
Movie Experience—The Moses Code—The Most Powerful Manifestation Tool in the History of the World (See April 4th for movie information).
Flames of Faith Center for Conscious Living
41135 Big Bear Blvd. Suite D. in Black Forest Lodge
Service is offered on a donation basis
Contact: Rev. Jean (909) 838-6407
Email: torevjean@yahoo.com
Website: www.flamesoffaith.com

The Bear Valley Center for Spiritual Enrichment has many exciting events planned for March. Please visit the following link for their newsletter listing these events <http://www.bvcse.org/newsletters/March20081.pdf>

If you are unable to open this newsletter, please go to the following link to download Adobe Acrobat Reader for free to open this file:
www.adobe.com/products/acrobat/readstep2.html

or visit their website at www.bvcse.org

For more information regarding MHAA events and membership,
call 888-632-4966 or visit our website at: www.mountainhealingarts.org